



2021 IMPACT REPORT

In 2021, we continued to navigate living in the midst of a global pandemic. Many people throughout Northwest Indiana are still struggling with affordable housing, employment, their health, and so much more due to the pandemic.

During a very challenging year you and over **2,700** other donors gave a combined **\$767,020**, which helped us serve an average of **1,700** clients each month. Through our modified drive-through food pantry program, we distributed **221,362** pounds of food in 2021.

With support from our generous donors, STH staff and volunteers were able to:

- Move **20** individuals experiencing homelessness into safe housing
- Keep **153** clients housed with rental and utility assistance
- Provide supervised enrichment to an **average of 6 children** each month
- Make **552** home visits to clients in the Gateway Permanent Supportive
- Housing program



Mandy grew up with two parents, had a good education and supported herself, until an unexpected illness rapidly took its toll.

Depressed and unable to work, she became homeless with nowhere else to go but into a shelter. By the time she entered STH's day program, she was guarded and skeptical. But her case manager knew that negative attitudes can be easily misunderstood, and that treating Mandy with patience and respect could make a difference.

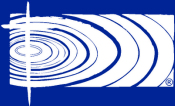
Mandy is now in a home and working toward employment. She no longer struggles with depression because she's learned that others care for her without judgements or labels. Through STH staff—and with support from donors like you—Mandy knows that future challenges might be difficult, but she can handle them.

Homelessness is more than being houseless. Children, lack of family support, low self-esteem, abusive relationships, and mental health issues are just a few of the additional burdens carried by women experiencing homelessness.

When they enter the day-center programs at STH, their burdens are eased when they:

- find help caring for their children in the on-site Child Enrichment Center
- get support through integrative services from case managers
- are set on a path to healing through referrals and counseling for mental health and substance use disorders
- can meet basic needs through housing assistance and our food and clothing pantry
- receive training through our Career Services program that prepares more women and individuals to enter the workforce with employable, marketable skills.

Poor Handmaids of Jesus Christ



Partners in the work of the Spirit

Sojourner Truth House is a ministry sponsored by the Poor Handmaids of Jesus Christ.

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